

## Kidney

- 25% compensation activity
- much slower than ventilation

proximal tubule is involved in the reabsorption of the  $\text{HCO}_3^-$

distal tubule is involved in fine tuning the pH

Proximal tubule-

No energy

lumen or apical side,  $\text{H}^+/\text{Na}^+$  antiport ( $\text{H}^+$  out,  $\text{Na}^+$  in)

$\text{NH}_4^+/\text{Na}^+$  antiport ( $\text{NH}_4^+$  out,  $\text{Na}^+$  in)

inside the cell-  $\text{CO}_2 + \text{H}_2\text{O} \leftrightarrow \text{H}_2\text{CO}_3 \leftrightarrow \text{H}^+ + \text{CO}_3^-$

Basolateral side-  $\text{HCO}_3^-/\text{Na}^+$  symporter

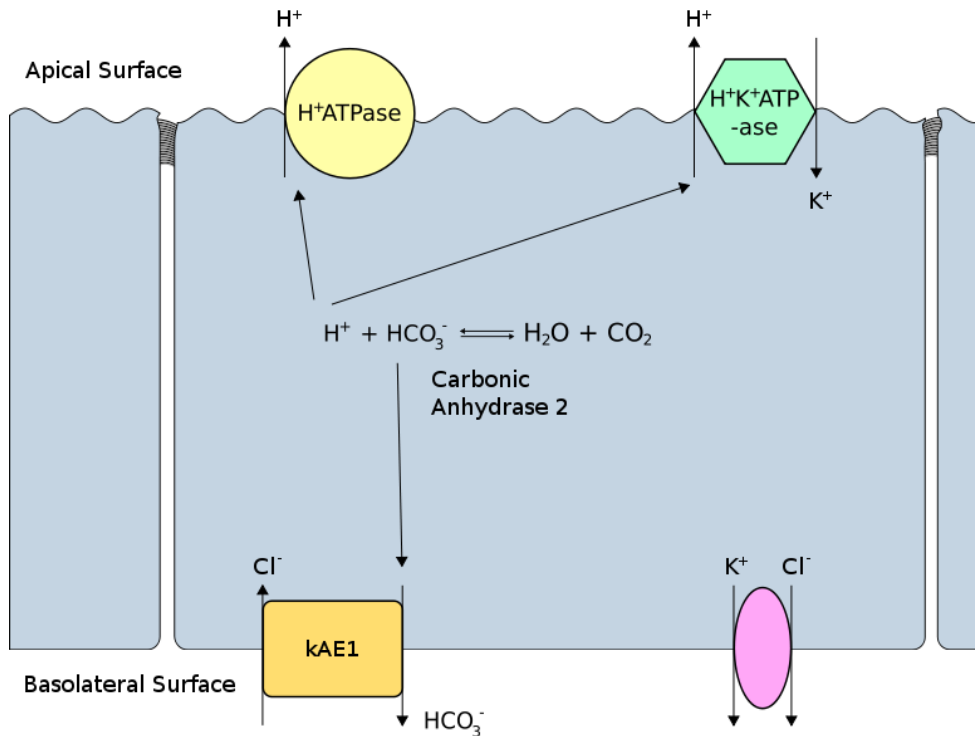
Glutamine can be converted into ammonia and alpha-ketoglutarate. Alpha-ketoglutarate can go into the blood as the ammonium ion is a buffer that can combine with  $\text{H}^+$  to form the  $\text{NH}_4^+/\text{Na}^+$  antiport.

Distal tubule-

- regulate pH homeostasis

During acidosis- secrete  $\text{H}^+$  and absorb  $\text{HCO}_3^-$  (intercalated type A cell)

During alkalosis- secrete  $\text{HCO}_3^-$ , adsorb  $\text{H}^+$  (intercalated type B cells)



Once inside the lumen,  $H^+$  will bind to  $NH_3$ ,  $HPO_4$ , and  $HPO_2$ , which act as buffers and decrease the concentration of  $H^+$

Hyperkalemia- too much  $K^+$  in the blood. Therefore, you must secrete  $K^+$ , which is accomplished by type B cells, which secrete  $K^+$  by absorbing back  $H^+$   
 Hypokalemia- too little  $K^+$  in the blood. Therefore you must absorb  $K^+$ , which is accomplished by type A cells, which absorb  $K^+$  by secreting  $H^+$

Think of type B cells as the exact opposite of type A cells. In the apical side is a  $Cl^-/HCO_3^-$  antiport and on the basolateral side is a  $H^+$  atpase and the  $H^+/K^+$  antiport ATPase

COPD- renal compensation is satisfactory, but not complete. Therefore, you can see elevated  $H^+$  levels in the blood

Acidosis (much more predominant)

- respiratory acidosis  $\rightarrow$  renal compensation
  - o due to decreased alveolar ventilation
  - o depress ventilation by drugs- alcohol
  - o  $\uparrow$  resistance (allergies or infection)
  - o  $\downarrow$  gas exchange- fibrosis, emphysema
  - o  $\downarrow$  muscle strength (motor neuron degeneration or weakening of the respiratory muscles)
  - o  $\uparrow CO_2 + H_2O \leftrightarrow H_2CO_3 \leftrightarrow \uparrow H^+ + \uparrow HCO_3^-$

- metabolic acidosis → respiratory + renal compensation
  - intake of toxins- methanol, anti-freeze, aspirin
  - diarrhea- due to too much secretion of  $\text{HCO}_3^-$ , leading to acid base imbalance.
  - Too much glycolysis- during maximal exercise, pyruvate is converted to lactic acid, which decreases blood pH
  - $\uparrow\text{CO}_2 + \text{H}_2\text{O} \leftrightarrow \text{H}_2\text{CO}_3 \leftrightarrow \uparrow\text{H}^+ + \downarrow\text{HCO}_3^-$

#### Alkalosis

- respiratory alkalosis- hyperventilation
  - artificial ventilation is too high
  - anxiety attack
  - $\downarrow\text{CO}_2 + \text{H}_2\text{O} \leftrightarrow \text{H}_2\text{CO}_3 \leftrightarrow \downarrow\text{H}^+ + \downarrow\text{HCO}_3^-$
- metabolic alkalosis-
  - excess vomiting
  - ingestion of too much antacids, which  $\uparrow\text{HCO}_3^-$
  - $\downarrow\text{CO}_2 + \text{H}_2\text{O} \leftrightarrow \text{H}_2\text{CO}_3 \leftrightarrow \downarrow\text{H}^+ + \uparrow\text{HCO}_3^-$
  - hypoventilation can only go on for a certain extent or you will suffer hypoxia. Therefore, renal compensation is more prevalent.

In respiratory acidosis and alkalosis, you are changing your  $\text{CO}_2$  concentrations in your blood through changes in ventilation rates. As  $\text{CO}_2$  concentrations change, this drives either the formation of  $\text{H}^+$  or the decrease in  $\text{H}^+$ , leading to respiratory acidosis or respiratory alkalosis.

In metabolic acidosis and alkalosis, you are changing your  $\text{H}^+$  and  $\text{HCO}_3^-$  concentrations directly in your blood through various metabolic reactions. Therefore, in order to compensate for this change, your body utilizes changes in  $\text{CO}_2$  concentrations through either hyper or hypoventilation to compensate for changes in your blood pH.